

KUMARA Burgers

BEEFROOT 12.5

Angus beef with a beetroot boost, lettuce, tomato, pickle, Awesome sauce and kumara brioche.
Best with Swiss Cheese.

SPICY CHICKEN 14.5

Free-range Aztec spiced chicken thigh, spicy truck slaw, chipotle yoghurt, smashed avocado and kumara brioche.

CRUMBED FISH 16.5

Apple & caper crumbed market fish, lettuce, tomato, red onion, basil mayo and kumara brioche.

VEGETARIAN 14.5

Chickpea, mint & kale falafel, lettuce, tomato, red onion, chargrill capsicum, basil pesto and kumara brioche.

BURGER BOWL SINGLE 14.5 / DOUBLE 17.5

Have your burger wrapped in an iceberg lettuce cup for a low-carb, high protein option, topped with burger sauce, sprouts, radish and power seeds.

CHOOSE BEEFROOT, SPICY CHICKEN OR VEGETARIAN

CRUMBED FISH PLEASE ADD 2

EXTRAS

AVOCADO	4
FREE-RANGE BACON	4
PATTIE / PROTEIN	4
SWISS CHEESE	2
SAUERKRAUT	1

WRAPS

SUPERFOOD WRAP 14.5

All the good stuff in a toasted wrap. Beetroot, carrot, super grains, baby spinach, almonds, flax seeds & our famous 'renergize' miso good dressing.

Dairy free & vegan.

+ AZTEC CHICKEN 2.5

SPICY CHICKEN WRAP 16.5

Free-range Aztec spiced chicken thigh, spicy truck slaw and lashings of chipotle yoghurt.

CRUMBED FISH WRAP 16.5

Apple and caper crumbed market fish, lettuce, tomato, red onion, carrot, basil mayo.

SOFT TACOS

Gluten free & vegan available.

AZTEC CHICKEN 15.5

Two soft flour tortillas with free-range Aztec chicken, tomato kasuni, lettuce, pickled veg & chipotle yoghurt.

CHIPOTLE PRAWN 16.5

Two soft flour tortillas with chipotle marinated prawns, tomato kasundi, lettuce, pickled veg & chipotle yoghurt.

VEGETARIAN NUT MINCE 15.5

Two soft flour tortillas with walnut & almond nut mince, tomato kasundi, lettuce, pickled veg & chipotle yoghurt.

SIGNATURE Bowls

BURRITO BOWL

Our take on a naked burrito. Lime infused black rice, quinoa and cauliflower super grains, turtle beans, lettuce, spiced corn, paper radish, pickled veg & chipotle yoghurt. Served with soft flour tortillas.

Gluten free & vegan available.

WITH FREE-RANGE AZTEC CHICKEN 18.5

WITH VEGETARIAN NUT MINCE 18.5

REDERGIZE BOWL 14.5

Our classic salad back by popular demand. Baby spinach, red quinoa, shredded beetroot, shredded carrot, almonds, currants, flax seeds, miso good dressing.

Gluten free & vegan available.

+ HALF AVOCADO 4.5

+ FREE-RANGE AZTEC CHICKEN 4.5

SIDES

KUMARA CHIPS 9.5

Classic kiwi kumara chips with pink salt & date tomato ketchup.

Gluten free & vegan.

BURNT BROCCOLI 11.5

Broccoli florets, garlic confit, red wine vinegar, dried chilli, ground sesame.

Gluten free & vegan.

MINT & DATE SLAW 7.5

Shredded cabbage, carrot, dates, mint and secret apple cider vinegar dressing.

Gluten free & vegan.

SUNDAES

JELLY TIP 8.5

Probiotic vanilla frozen yoghurt, raspberry chia seed jelly, 70% cocoa dark chocolate sauce.

Gluten free.

CARAMELLO 8.5

Probiotic vanilla frozen yoghurt dripping in date caramel sauce, goji berries, almonds and dark chocolate.

Gluten free.

PINEAPPLE LUMP 8.5

Probiotic vanilla frozen yoghurt, house made pineapple jam, 70% cocoa dark chocolate sauce & freeze-dried pineapple crunch. *Inspired by the kiwi classic.*

Gluten free.

PIXIE CARAMEL 8.5

Probiotic vanilla frozen yoghurt, dulce de leche, 70% cocoa dark chocolate sauce & sea salt. *Just like the candy bar, only it won't stick your teeth together!*

Gluten free.

THE RAW KITCHEN

SWEET VEGAN TREATS 12.5

Ask your waiter about this week's special from our neighbours at The Raw Kitchen.

Gluten free, dairy free, vegan.

LEMONADE & Cocktails

NATURAL SODAS

Our sodas are made using low-sugar Soda Press Co syrups. *All syrups are carefully extracted from organic and natural fruits and spices.*

OLD FASHIONED LEMONADE 6

GINGER ALE 6

RASPBERRY & MINT 6

PINK GRAPEFRUIT 6

BLUEBERRY & LIME 6

COCKTAILS

COCONUT GIN & TONIC 14.5

Gin, CoAqua coconut water, tonic, lime.

PIMMS HONEY LEMONADE 14.5

Pimms, Lemonade, orange, lemon, cucumber.

GREEN TEA MOJITO 14.5

White rum, coconut sugar, mint, Gunpowder Green tea.

GARAGE MULE 15.5

Vodka, lime, orange, ginger ale, soda.

KOMBUCHA DARK & STORMY 15.5

Kracken Spiced Rum, lime, coconut sugar, kombucha.

BEER

HALLERTAU Luxe Kolshe Lager (4.5%) Tap 11 / 24

HALLERTAU #2 Statesman Pale Ale (5.3%) Tap 11 / 24

BROTHERS BEER Tropical (5%) Bottle 11

BROTHERS BEER Amber (5%) Bottle 11

GARAGE PROJECT Garagista IPA (5.8%) Can 10

GARAGE PROJECT 'Beer' (4.8%) Can 10

GARAGE PROJECT Guest Beer, please enquire POA

EMMERSON'S Pilsner (5%) Bottle 10

EMMERSON'S Bookbinder (3.7%) Bottle 10

STEINLAGER Pure Lager (5%) Bottle 9

AMSTEL Light Beer (2.8%) Bottle 9

CIDER

HALLERTAU Apple Cider (5.1%) Tap 11

WINE

BABYDOLL Sauvignon Blanc (Marlborough) 10

YEALANDS ESTATE Sauvignon Blanc (Marlborough) 12

CROSSROADS Chardonnay (Hawke's Bay) 10

BABICH Pinot Gris (Marlborough) 11

BABYDOLL Rose (Marlborough) 12

TE MATA ESTATE Syrah (Hawke's Bay) 12

BABYDOLL Pinot Noir (Marlborough) 10

VEUVE DU VERNAY Brut, France (200ml) 12

All wines also available by the bottle.

CLASSICS

COCONUT WATER (CoAqua) 5.5

100% Coconut Water.

KOMBUCHA (Organic Mechanic) 6.5

Fermented ginger and black tea health tonic.

JUICES (Homegrown) 5.5

Orange, Apple or Pineapple - all 100%.

HARNEY & SON TEAS (Pots) 5.5

English breakfast, Earl Grey, Gunpowder Green, Peppermint, Pomegranate Oolong.

ALLPRESS ORGANIC COFFEE

All the usuals ...

NUTRIENT DENSE. 100% FREE-RANGE. PROUDLY LOCAL.

Please advise kitchen of any allergies. Our packaging is 100% compostable – please dispose of it thoughtfully.